# HERMAN J. RUSSELL WEST END ACADEMY HOME OF THE BULLDOGS









H. J. RUSSELL ATHLETIC PRESENTATION







WELCOME TO H. J. RUSSELL WEST END ACADEMY. WE ARE EXCITED ABOUT SEEING YOU NEXT SCHOOL YEAR. WE ARE ALSO EXCITED TO HAVE SPORTS AGAIN. IF YOUR CHILD IS INTERESTED IN PARTICIPATING IN SPORTS, THEN THIS PRESENTATION IS FOR YOU.

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H. J. RUSSELL ATHLETIC PRESENTATION







# ATHLETIC REQUIREMENTS QUICK SHEET

• THE FOLLOWING SHEET IS THE REQUIREMENTS FOR STUDENTS TO BE ABLE TO PARTICIPATE IN APS ATHLETICS AT THE MIDDLE SCHOOL LEVEL.

https://docs.google.com/document/d/1TZJYo9gGY80WT\_M 9cs5ThF9M3ZTXjOmkQUwGdIjbdVU/edit#heading=h.gjdgxs

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### **PHYSICAL FORM**

• YOU MUST HAVE AN UP-TO-DATE PHYSICAL TO TRYOUT OR PARTICIPATE IN ANY SPORTS IN ATLANTA PUBLIC SCHOOLS. PHYSICALS CAN BE OBTAIN BY YOUR PERSONAL DOCTOR OR AT CVS. THE LINK BELOW WILL PROVIDE YOU WITH THE PHYSICAL FORM.

https://drive.google.com/file/d/1pG\_w-69yDKsQaRMnp\_mf4PNUZBGUqmOm/view

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FALL SPORTS- CHEER, SOFTBALL AND FOOTBALL TRYOUTS ARE HELD IN AUGUST. WINTER SPORTS-BASKETBALL TRYOUTS ARE HELD AT THE END OF OCTOBER. SPRING SPORTS-SOCCER, TRACK AND FIELD, BASEBALL, AND GIRL'S FOOTBALL TRYOUTS ARE HELD IN FEBRUARY. ANY SUMMER CONDITIONING OR TRAINING CAMPS BEING HELD, WILL BE ANNOUNCED.

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## **FOOTBALL-FALL**

6TH GRADERS ARE NOT ALLOWED TO PARTICIPATE IN FOOTBALL UNTIL THEIR 7TH GRADE YEAR. 7th AND 8th GRADERS ARE ALLOWED TO PARTICIPATE IF THEY HAVE A PHYSICAL AND ARE ACADEMICALLY ELIGIBLE. TRYOUTS WILL BE ANNOUNCED.

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### **CHEER-FALL**

ALL GRADE LEVELS ARE ABLE TO <u>E IN CHEER. STUDENTS MUST</u> IPAT PART HAVE A PHYSICAL AND BE ACADEMICALLY ELIGIBLE. TRYOUTS WILL BE ANNOUNCED.

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# SOFTBALL-FALL GIRLS ONLY-ALL GRADE LEVELS ARE ABLE TO PARTICIPATE IN SOFTBALL. STUDENTS MUST HAVE A PHYSICAL AND BE ACADEMICALLY ELIGIBLE. TRYOUTS WILL BE ANNOUNCED.

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## **BASKETBALL-WINTER**

ALL GRADE LEVELS ARE ABLE TO PARTICIPATE **IN BASKETBALL. STUDENTS MUST HAVE A** PHYSICAL AND BE ACADEMICALLY ELIGIBLE. TRYOUTS WILL BE ANNOUNCED.

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# SOCCER-SPRING ALL GRADE LEVELS ARE ABLE TO PARTICIPATE SOCCER IN. STUDENTS MUST HAVE A PHYSICAL AND BE ACADEMICALLY ELIGIBLE. TRYOUTS WILL BE ANNOUNCED.

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TRACK AND FIELD-SPRING ALL GRADE LEVELS ARE ABLE TO PARTICIPATE TRACK. STUDENTS MUST HAVE A PHYSICAL  $\mathbb{N}$ AND BE ACADEMICALLY ELIGIBLE. TRYOUTS WILL BE ANNOUNCED.

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# **BASEBALL-SPRING**

ALL GRADE LEVELS ARE ABLE TO PARTICIPATE **IN BASEBALL. STUDENTS MUST HAVE A** PHYSICAL AND BE ACADEMICALLY ELIGIBLE. TRYOUTS WILL BE ANNOUNCED.

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# **GIRLS FLAG FOOTBALL**

WE ARE EXCITED TO ANNOUNCE THAT WE WILL NOW HAVE GIRLS FLAG FOOTBALL AS A SPORT IN APS. THIS IS ALSO A SPRING SPORT. STUDENTS MUST HAVE A PHYSICAL AND BE ACADEMICALLY ELIGIBLE TO PARTICIPATE.

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# THANK YOU!!!

If you have any questions, please feel free to contact our Athletic Director, Coach Parker- faparker@apsk12.org.

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